

Meetings without Masks



meetings@janday.com
or call 0208-123 9831
www.janday.com

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Are you weary of first dates?

Are you looking for more honesty in relationships?

Do you want a relationship that works for you?

Meetings without masks is the answer

Coach and relationship expert, Jan Day, invites you to try out different ways of relating to each other as men and women. She has created this great one day workshop so that you can explore what you want in that special relationship in a structured environment. There will be fun, heart-centred exercises to help you open up and enjoy the day fully,

build your confidence in relating and give you a taste of authentic relationships. **Go on, take a risk.**

"I had a tremendously enjoyable day and learnt a lot about what I want out of relationships. The day was challenging at times but always interesting, open-hearted, and compelling."

Tania Ahsan, Editor Kindred Spirit



2019

Sunday 17th February, Sunday 14th April, Sunday 7th July,
Sunday 8th September, Sunday 3rd November

2020

Sunday 16th February, Sunday 5th April, Sunday 17th May,
Sunday 5th July, Sunday 13th September, Sunday 1st November

The workshop will be led by Jan or by teachers who have trained with Jan.
More information on the website.

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Book online at www.meetingswithoutmasks.com